

# Thurston County Opioid Response Task Force

January 6, 2020 from 3:00pm-5:00pm

Thurston County Public Health & Social Services Department

412 Lilly Road NE, Room 107A,B,C

## AGENDA

Description	Action Steps/Items
Welcome Review Minutes Review Agenda	Jon Tunheim welcomed the group and asked members to introduce themselves. Changes were noted for the November Minutes and were approved, and the January 6 <sup>th</sup> Agenda was approved without updates.
2019 Review	In 2019 the Thurston County Opioid Response Plan was developed and approved by the Board of Commissioners (official adoption in June 2019). In the year since the Task Force was started, it has grown in attendance/membership and continues to grow – both in number of members and in types of sectors/agencies represented. The Response Plan incorporates 25 different strategies, which have been broken into 33 SMART (Specific, Measurable, Achievable, Relevant, and Time-Bound) Objectives. 4 SMART Objectives have been completed, to-date. In looking back at 2019 in review, the Task Force noted having seen: a change in the needs in addressing the epidemic, improved public awareness, people applying for funds to help make a difference in their community, and experienced first-hand positive media coverage.
Workgroup Updates	<p>Written updates from each work group were provided to the Task Force by Katie Strozyk. Work Group leads had been asked to provide information on any significant progress made towards a strategy, as well as to share applicable success stories or barriers which they had encountered thus far. Each work group had significant progress to report as being completed in the two months since the last Task Force meeting.</p> <p>A SMART objective has been completed since the last Task Force Meeting – Goal 4, Strategy B: Improve availability of naloxone distribution and use data. The completed SMART Objective was to have 1 report completed describing naloxone use in Thurston County by December 2019. This report was completed by Dr. Marc Stern and summarized the use of naloxone by law enforcement officers at the following police departments: Lacey, Olympia, Tumwater, Evergreen State College, and Yelm). This report summarized data from October 2017 through October 2019.</p> <p>Workgroups were asked to finalize their SMART objectives by the end of 2019 to allow for tracking, with all SMART Objectives set to be completed by December 2020. All workgroups have submitted their SMART Objectives and the final list for the Task Force has been finalized. This document was passed out to the group by Katie Strozyk and will be able to be found on the Task Force website.</p>

	<p><i>Please review attached SMART Objective handout for complete information.</i></p>
<p>RCW 10.31.110 – The Nexus between Behavioral Health and Criminal Justice</p>	<p>Christopher Carney &amp; Kimberly Mosolf from Disability Rights Washington (DRW) provided information to the Task Force regarding changes to RCW 10.31.110, Trueblood v DSHS. The changes to this RCW expand the types of crime in which law enforcement officers can divert arrest for and encourages the expansion of diversion programs for those who are engaging in illegal behavior primarily due to behavioral health issues.</p> <p><i>Please read the attached handouts for complete information.</i></p>
<p>Task Force Communication Planning</p>	<p>Gabby Byrne, the Public Information Officer at Thurston County Public Health and Social Services, discussed the Task Force communication plan and asked what options or opportunities the Task Force would like to explore in 2020 for both internal and external communication. Specifically, what types of information they would like to communicate to the public and the channels which this should be communicated through.</p> <p>Gabby provided a signup sheet for individuals to note if the agency they represent currently uses social media (Facebook, Twitter, Instagram, etc.) to communicate with the public. This will be used to create a list, internal to the Task Force, to network about posts made on social media which may be applicable for other agencies to share on their page(s).</p> <p>The group broke into small groups to further brainstorm around the communication plan. The small groups were asked to discuss how information should be shared and the types of messaging or information which they would like to see explored in 2020. The small groups reported out to the larger group with the following ideas:</p> <ul style="list-style-type: none"> <li>• Doing intentional communication and work around treatment for healthcare providers</li> <li>• In 2020, Public Health &amp; Social Services will be starting a monthly newsletter to enhance and expand communication</li> <li>• Audio stories from individuals who have used or currently used opioids to share stories about their experience(s)</li> <li>• Conversations that allow communication indirectly to discuss stigma, to allow people to hear all sides of the story</li> <li>• Sector specific communication, specifically with first responders</li> <li>• Resource Guide that is updated monthly</li> <li>• Addressing stigma with an emotional approach and personal connection</li> <li>• Next Door Neighbor app – how can this be utilized?</li> <li>• Crisis Text Line type of app for connecting the public with local resources</li> <li>• Professional specific resource guides for those who provide direct services (social service agencies, first responders, etc.)</li> <li>• Utilizing Thurston Talk and The Olympian</li> <li>• Exploring how to encourage rural communities to acknowledge substance use and options to address it</li> <li>• Personal stories from individuals with lived experience being shared via video stories</li> </ul>

<p>Membership Updates / Funding and Partnership Opportunities</p>	<p>The following updates were shared during the roundtable:</p> <ul style="list-style-type: none"> <li>• The Olympian ran a positive article on the Olympia Bupe Clinic and how their services fit into the Response Plan</li> <li>• Katie Strozyk is being interviewed by the Olympia Standard regarding the Task Force goals</li> <li>• Volunteers are needed for the annual Point in Time Count on 1/23/2020. If interested, contact Keylee Marineau</li> <li>• Family Support Center is offering a certification course for Moral Recognition Therapy (MRT) the last week of January and will also be starting a monthly series of community events where different speakers are featured</li> <li>• The next Thurston/Mason Recovery Coalition meeting will be Tuesday, January 7</li> <li>• The Advisory Board for Treatment Sales Tax funding is looking to recruit 2 new members. Contact Carrie Hennen if interested.</li> <li>• Public Health and Social Services will be contracting with Family Education and Support Services to use Criminal Justice Treatment Account dollars to fund various series of parenting classes to the community in 2020</li> <li>• Kris Shera, the State Opioid Coordinator at Washington State Health Care Authority, has updates to share regarding the Washington State Opioid Response Plan and would like time on the next agenda to discuss the State Response Plan as well as an upcoming research project that is being headed by Health Care Authority relating to opioid use</li> <li>• A new 7-week parenting class will be starting in Bucoda, offered by Family Support Center</li> <li>• Meta Hogan shared the Medication Assisted Treatment informational brochures that the Treatment Work Group is distributing, and the brochure insert which details where to access buprenorphine (Suboxone) on a walk-in basis in Thurston County and the surrounding areas</li> <li>• Sheriff Snaza shared that Thurston County Sheriff's Office deputies will be certified in Crisis Intervention Training (CIT), as well as receiving training specific to de-escalation</li> <li>• The Olympia Bupe Clinic is currently serving upwards of 40 patients each night (with consistent levels of new patients coming in to access services) and are nearing capacity issues due to limited hours and staffing</li> <li>• Approval for the Task Force committee to be trained in the use of nasal Narcan at the March meeting.</li> <li>• Work is underway at the State level regarding the development and implementation of a program which holds drug manufacturers responsible for creating and maintaining medication drop-boxes, which will increase the availability of drop-box locations. More details will be shared on this program as they become available</li> <li>• Take back Your Meds flyers, which list medication drop-box locations in Thurston County, are available upon request</li> </ul>
<p>Schedule &amp; Next Steps</p>	<p>Next Task Force meeting: March 2, 2020 from 3:00 pm- 5:00 pm. Thurston County Public Health &amp; Social Services 412 Lilly Road NE, Olympia Room 107 A,B,C</p> <p>If you are interested in additional information regarding the Thurston County Opioid Response Task Force, would like to join a work group, or have further questions – please contact Katie Strozyk at <a href="mailto:katie.strozyk@co.thurston.wa.us">katie.strozyk@co.thurston.wa.us</a> or (360) 878-1261</p>

## ATTENDEES

Name	Agency
Byrne, Gabby	Public Health & Social Services
Carney, Chris	Disability Rights Washington
Cranos, Hallie	WA Recovery Help Line
Dahlhoff, Leatta	City of Tumwater
Dees, Kristy	HeartStrides & Healing Hearts Ranch
Demus, Hayley	Capital Recovery Center/Oly Bupe Clinc
Drewry, Anna Lee	Medic-One
Fontenot, Cissy	Public Health & Social Services
Hemmerle, Sean	WA State Department of Health
Hennen, Carrie	Public Health & Social Services
Hogan, Meta	Capital Recovery Center/Oly Bupe Clinic
Jefferson, Larry	Public Defense
Knight, Jeanie	Public Health & Social Services
Knudson, Jessie	Prosecuting Attorney's Office
Marineu, Keylee	Public Health & Social Services
Menser, Tye	Board of County Commissioners
Mosolf, Kim	Disability Rights Washington
Ng, Daniel	Capital Medical Center
O'Connor, Patrick	Public Defense
O'Garro, Mary Ann	Public Health & Social Services
Peters, Christy	Prosecuting Attorney's Office
Ritchie, Samantha	Community Member
Schaufler, Casey	WA State Health Care Authority
Schmidt, Jennifer	Lacey Fire
Shera, Kris	WA State Health Care Authority

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